

Well Being: Rejuvenating Recipes For The Body And Soul By Barbara Close



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and Barbara Close, founder and president of Naturopathica Holistic Health and author of "Well Being: Rejuvenating Recipes for Body and Soul." Martha Stewart

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Barbara Close is the author of Pure Skin (3.73 avg rating, 49 ratings, 14 reviews, published 2005), Well Being (3.88 avg rating, 16 ratings, 2 reviews, p

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This 05-Permissions recipe is from Chicken Soup for the Soul is reprinted from Rosemary Rejuvenating Tonic is reprinted from WELL BEING by Barbara Close

Winter soothing treatment recipe

**I got this recipe out of one of my all-time-favorite books: Well Being: Rejuvenating Recipes for Body & Soul . Feel free to check it out!

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